



Bayside Community News

AUGUST 2021

LOCKDOWN EDITION

New Restrictions

for Bayside from
midnight Monday 23
August. [Click here](#)
for changes.

MESSAGE FROM THE MAYOR



A big thank you to everyone who joined our COVID-19 Community Forum. We had over 400 residents register and received hundreds of questions which we were able to put to our expert panel for clarification.

Inspector Shane Halliday from the South Sydney Police Area Command and Dr Vicky Shephard the Acting Director of the Public Health Unit of the South Eastern Sydney Local Health District from NSW Health also joined us to provide an update and to answer questions.

We understand that not everything is black and white, but as the number of COVID-19 cases keep growing every day some things are very clear: Please stay home. If you have to go out, wear a mask. If you feel unwell, get tested. And please get vaccinated.

Yes, this is tough. The weeks ahead will get tougher for some, but we are a resilient community, and we will get through this.

You are not alone. If you are feeling concerned, stressed or isolated please reach out. Our Community Service staff can help to put you in touch with help, activities or the right organisation. Give them a call. Don't hesitate.

You will also find lots of useful information in this newsletter. We will be producing fortnightly COVID-19 updates, so if you have information which can help or want us to find out information and include it let us know, and we will do our best.

Please stay safe and keep your loved ones healthy.

Do the four:

Stay at home. Wear a mask. Get tested. Get vaccinated.

Cr Joe Awada
Mayor

Virtual Town Hall
Extended Lockdown Update
Social & Emotional Wellbeing

Wednesday 1 September at 6:30pm

Register via Bayside Council's Facebook page at:
www.facebook.com/BaysideNSW

PUBLIC HEALTH ORDER RELEASED

The NSW Government has released the new Public Health Order to enforce COVID-19 restrictions for Greater Sydney.

The Public Health Order 2021 (COVID-19 Additional Restrictions for Delta Outbreak) enforces stay-at-home orders and other restrictions for Greater Sydney and some regional areas until Saturday 30 September at 12:01am. Visit: www.nsw.gov.au/covid-19/rules/greater-sydney

The Public Health Order and other legislation can be accessed at:
<https://legislation.nsw.gov.au/information/covid19-legislation>



WHAT DOES IT MEAN TO BE IN AN LGA OF CONCERN?

On 12 August 2021 Bayside was classified as a Local Government Area (LGA) of Concern. This applies to all suburbs within the Bayside Council area. The following restrictions apply in Bayside.

STAY AT HOME RULES

Anyone who lives, works or studies in Bayside must stay at home unless you have a reasonable excuse. Police and the Australian Defence Force will be enforcing these rules. If you leave home without a reasonable excuse, you may be fined up to \$3,000.

Reasonable excuses include:

1. Obtain food or other goods and services:
 - ▶ Within 5km of your home;
 - ▶ For the personal needs of the household or for other household purposes (including pets);
 - ▶ For vulnerable people;
 - ▶ Only one person per household may leave the home to obtain food or other goods and services each day (you may take a dependent person with you if that person cannot be left at home on their own).
2. Leave home to go to work if you:
 - ▶ Cannot reasonably work from home and your workplace is in Bayside; or
 - ▶ Are an authorised worker and you need to travel outside Bayside to go to work.
3. Leave home for education if it is not possible to do it at home.
4. Exercise within 5km of your home. You can exercise with people from your household, one other person you don't live with, or your nominated visitor.
5. Go out for medical or caring reasons, including obtaining a COVID-19 vaccination. ▶▶▶



MASKS

You must wear a mask whenever you leave home, including when you are outdoors in a public place. There are some limited exemptions including:

- ▶ Participating in strenuous exercise;
- ▶ Driving a vehicle when you are alone or with other members of your household;
- ▶ When eating or drinking.

VISITS TO YOUR HOME

You must not allow visitors to your home unless it is:

- ▶ For permitted work;
- ▶ For childcare;
- ▶ To give effect to arrangements between parents and children under 18 or their siblings;
- ▶ To assist a person to move places of residence;
- ▶ To avoid an injury or serious risk of harm;
- ▶ Because of an emergency;
- ▶ To view or inspect property to lease or purchase it.

Socialising isn't a reasonable excuse to have visitors or leave home unless you live on your own. If you do live on your own (without any adults in the same home), your nominated visitor (singles bubble) can visit you.

You must register the nominated visitor in your 'singles bubble' using an online form that will be available from Saturday 21 August 2021 at: **www.nsw.gov.au**

OTHER RESTRICTIONS

1. If you leave your home you must carry proof of your address.
2. You can exercise with one other person who you don't live with, or your nominated visitor.
3. You must stay within 5km from home for your exercise.
4. Browsing in shops is prohibited, plus only one person per household, per day may leave the home for shopping.
5. Funerals limited to ten people in total.
6. Places of worship are closed to the public.
7. Construction sites must have a COVID-19 Safety Plan.
8. Outdoor exercise is limited to one hour per day.
9. Curfew will be in-place from 9:00pm to 5:00am (except for authorised workers, emergencies or medical care) to help reduce the movement of young people.

For more information and more detail, visit the NSW Government's COVID-19 website or follow NSW Health on Facebook.

WHERE TO FIND HELP AND SUPPORT

Financial help:

- ▶ **Services Australia:** COVID-19 disaster payment. Visit: www.services.gov.au
- ▶ **Services Australia:** Pandemic leave disaster payment. Visit: www.services.gov.au
- ▶ **Connecting communities:** Local services that provide grants, accommodation, help with bills and food. Visit: www.bayside.nsw.gov.au/connectingcommunities

Businesses:

- ▶ **Service NSW:** One-off payments for businesses that have been impacted by restrictions;
- ▶ **Service NSW:** Jobsaver, providing provide cash flow support to impacted businesses to help maintain their NSW employee headcount.

Visit: www.nsw.gov.au/covid-19/2021-covid-19-support-package

BAYSIDE COUNCIL LOCAL GOVERNMENT AREA BOUNDARY

We have received many enquiries about our Local Government Area (LGA) borders. Bayside Council's LGA stretches over 29 suburbs, with a population of around 178,000 people.

Please see the below links to maps of our area that allow you to scroll in and take a closer look:

<https://profile.id.com.au/baysidensw/about>

<https://maps.bayside.nsw.gov.au/Intramaps98/?module=Property>



NEW WALK-IN VACCINATION HUBS

AstraZeneca Clinic at Rockdale Town Hall

NSW Health and Bayside Council officially opened a new walk-in vaccination hub in the Rockdale Town Hall, 448 Princes Highway, Rockdale.

The free vaccination hub is now open to the public from Monday to Friday between 10am – 4pm.

Anyone wanting to be vaccinated with AstraZeneca can attend. No booking or Medicare card is needed. Please bring a photo ID or Medicare card if you have one.

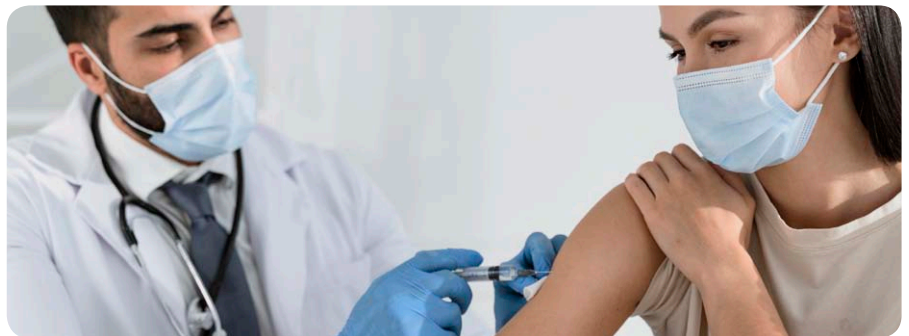


Pfizer Clinic at Novotel Brighton Le Sands

Those aged 16-39 living in the 12 Local Government Areas of concern have priority access to the Pfizer vaccine at the Novotel, Corner of Princess Street and The Grand Parade, Brighton Le Sands.

Bookings are essential and both doses must be booked at the same clinic.

Booking information: www.nsw.gov.au/covid-19/health-and-wellbeing/covid-19-vaccination-nsw/priority-covid-19-vaccination-booking-for-16



TESTING LOCATIONS

To find a testing centre near you, search for your suburb on the NSW Government's COVID-19 testing clinics list at: www.nsw.gov.au/covid-19/how-to-protect-yourself-and-others/clinics

Check your eligibility and book your vaccine appointment on the Department of Health's vaccine eligibility checker at: <https://covid-vaccine.healthdirect.gov.au/eligibility?lang=en>

If you need to isolate after your test and you're unable to work, you may be eligible for a \$320 payment. Visit the NSW Government test and isolate page for more information at: www.service.nsw.gov.au/transaction/apply-test-and-isolate-support-payment

LOCAL COVID-19 TESTING CLINICS

Check www.nsw.gov.au/covid-19 for up-to-date information.

Alf Kay Eastlakes Community Centre

Florence Avenue, Eastlakes.
Thursday: 9:15am – 12pm.
Appointments not required.

Bestic Street (Fishos)

Drive-through.
Muddy Creek, 100 Bestic Street, Kyeemagh. Car Park
Monday - Friday: 9am – 4pm.
Appointments not required.

Bexley Histopath Pathology

Drive-through Pop-up Clinic.
339 Forest Road, St Mary and St Mina Coptic Orthodox Cathedral, Bexley.
Monday - Sunday: 8am – 4pm.
Appointments not required.
Wheelchair accessible but patrons must remain in vehicle.

Brighton Le Sands / Arncliffe Histopath Pathology

Drive-through Clinic.
Cnr Spring & West Botany Sts, Riverine Park, Arncliffe.
Monday - Friday: 8am – 6pm.
Saturday & Sunday: Closed.
Appointments not required.
Wheelchair accessible but patrons must remain in vehicle.

Carlton 4Cyte Pathology Clinic

Drive-through and Walk-in.
261 Princes Highway, Carlton.
Entry via Ecole Street, off Princes Highway.
Monday - Sunday: 8am – 8pm.
Appointments not required.



Hurstville Community Health Care

34 Wonoira Road, Hurstville.
Monday - Friday: 9am – 4pm.
Saturday: Closed.
Sunday: Closed.
Appointments not required.
Wheelchair accessible.
Children under 5 years old are not tested at this clinic.

Hurstville 4Cyte Pathology

Drive-through.
8 Ormonde Parade, Hurstville.
Monday - Sunday: 9am – 6pm.
Appointments not required.
Wheelchair accessible.

Mascot International Airport Histopath Pathology

Drive-through. Centre Road P9. Clinic is at the Arrivals Express Pick-up Carpark, Mascot.
Monday - Sunday: 8am – 8pm.
Appointments not required.
Wheel chair accessible but patrons must remain in vehicle.

Mascot Laverty Pathology

135 Baxter Road, Mascot.
Monday - Sunday: 8am – 6pm.
Appointments not required.
Wheelchair accessible.

Rockdale 4Cyte Pathology

Drive-through Clinic.
594-596 Princes Highway, Rockdale.
Monday - Sunday: 8am – 8pm.
Appointments not required.
Wheelchair accessible but patrons must remain in vehicle.

Rockdale Histopath

Drive-through Pop-up Clinic.
West Botany Street, Rockdale.
Monday - Sunday: 8am – 4pm.
Appointments not required.

St George Hospital

Kensington Street, Kogarah (Enter via Gate 3).
Monday - Sunday: 8am – 8pm.
Appointments not required.
Wheelchair accessible.
Children under 12 months will be referred to Emergency.

West Botany Street Netball Courts

Drive-through.
Rockdale Womens Sportsfields
310 West Botany Street, Rockdale.
Monday - Friday: 9am – 3pm.
Appointments not required.

BAYSIDE PHOTOGRAPHY COMPETITION

ASPECTS OF COVID 2021

Bayside Council is sponsoring a photograph competition as part of its COVID-Safe Community Events Program for 2021. Enter online at www.bayside.nsw.gov.au complete the entry form and upload your photo by Saturday 29 October 2021.

Here's your chance to enter and win. Pick your favourite photo from the past 12 months or take a new one and enter it in our 'Aspects of Bayside' photography competition. You can enter as an individual or you can make it a family or group project. There are six categories each with a total prize money of \$1000.

We have a special 'COVID-Heroes' category. Photograph your special COVID-Hero and tell us why. It can be someone you admire, a front-line worker, or it can be someone that was there for you. Just look through the lens and if you see a COVID-Hero, take a shot and let us know.

CATEGORIES:

- 1 Primary School:** for all school age children who live or go to school within the Bayside Local Government Area (LGA).
- 2 High School:** for high school students who live or attend school within the Bayside LGA.
- 3 Adult Amateur:** for anyone over 18 years of age who lives within the Bayside LGA and who do not have any professional experience working as a photographer.
- 4 Open:** to all age groups and levels of photography experience.
- 5 COVID-Heroes:** for all standards of photography including professionals who lives in the Bayside LGA.
- 6 Animal Family:** for all Bayside LGA residents. Share your best photo of/with your non-human companion/s.

The judges will select a winner and a runner-up from each category. Each winner will receive \$700 plus a framed certificate and each runner-up will receive \$300 plus a framed certificate. The judges reserve the right not to award a winner or runner-up should they deem it appropriate.



OUR HEALTH OFFICERS KEEP US SAFE



Environmental Health Officers develop, enforce, and evaluate environmental health policies, programs and strategies to improve health outcomes, and oversee the implementation and monitoring of environmental health legislation.

Environmental Health Officers protect, promote, and improve public health to prevent people from getting sick from their environment.

This work includes inspecting, educating, running projects, assessing planning and monitoring:

- ▶ Food safety
- ▶ Emergency management
- ▶ Public swimming and spa pools
- ▶ Infectious diseases
- ▶ Complaints
- ▶ Pests, vermin and animals
- ▶ Housing
- ▶ Caravan parks
- ▶ Noise
- ▶ Waste management
- ▶ Mosquitoes
- ▶ Tattoo and piercing
- ▶ Wastewater and water recycling
- ▶ Water cooling systems
- ▶ Health promotion activities
- ▶ Developments
- ▶ Contaminated land
- ▶ Air quality
- ▶ Funeral industry

And they even hold food seminars that include important information like how to wash your hands.

For adults visit: www.youtube.com/watch?v=uacG1yZppro

For kids visit: www.youtube.com/watch?v=DJD9zPv2NmM



STAYING APART - KEEPING TOGETHER

COMMUNITY ONLINE PROGRAMS

Connect with your community online. We have a variety of classes, workshops, and inclusive boredom-busting activities you can enjoy online this month!

We are currently hosting two exciting new online programs Lunch and Learn and the Youth Sessions.

The Lunch and Learn Sessions will be held each weekday at 1:00pm, live and free.

It is easy to register for these online sessions, follow Bayside Council on Eventbrite to check out what's coming up each week. If you would like the schedule emailed, we can send it direct to you or look for the schedule on our socials, Facebook, and eNewsletter. Need to keep the kids entertained while you join? We are also running online Youth Sessions targeting ages 12-25 yo, for a series of daily free online sessions, details can also be found on the Eventbrite link below.

Want the schedule emailed? Let us know at haveyoursay@bayside.nsw.gov.au

Follow us on Eventbrite: <https://baysidensw.eventbrite.com.au>



LUNCH AND LEARN SESSIONS

Mindfulness Monday:

Meditation skills with a focus on breathing, increase focus and ease into the week with mindfulness.

Talking Bayside Tuesday:

Hear the latest on Council's projects that are open for community feedback. Each week we will feature a new project.

Wellbeing Wednesday:

Classes, speakers and a range of wellbeing initiatives to get you through the week.

Topical Thursday:

Talks and discussions on interesting topics with guest speakers.

Flashback Friday:

Hosted by our Library team they will explore all things past and the rich cultural history of the Bayside Local Government Area.

GET ONLINE BAYSIDE YOUTH

Join in on a range of free online activities and virtual events for young people aged 12-25 living in Bayside. For every virtual session that you join, you will be rewarded with an entry in the weekly prize draw. Registrations with proof of age and residency are essential at <http://baysideyouthservices.eventbrite.com>

MON TO FRI

Bayside Fit @ Home 12:00pm - 12:30pm

Start on **Monday 23 August**. Live home fitness sessions. Join with your mates and take the challenge. Led by a personal trainer, you will be challenged to use your body weight and resistance bands to build your fitness. Level up your fitness and be rewarded (push-ups = points).



MONDAY

23 AUG 30 AUG 6 SEP 13 SEP 20 SEP 27 SEP

Art Not Apart Series 5:30pm - 6:30pm

Receive an art pack delivered to your front door and join in on this 6 week series of guided lessons that let you explore your creativity!

TUESDAY

24 AUG 31 AUG 7 SEP 14 SEP 21 SEP 28 SEP

Cooking @ Home 5:30pm - 6:30pm

Online cooking workshop, learn easy, low cost and healthy recipes you can repeat at home when you are in need of a feed.

WEDNESDAY

25 AUG 1 SEP 8 SEP 15 SEP 22 SEP 29 SEP

HIIT Workout 5:30pm - 6:30pm

High-Intensity Interval Training break a sweat and level up your fitness from your room.

THURSDAY

26 AUG Yoga & Mindfulness

5:30pm - 6:00pm

Designed to strengthen the muscles and improve balance. End with a mindfulness session.

2 SEP Yoga & Meditation

5:30pm - 6:00pm

Improve your flexibility, balance and strength. Finish the session with a guided meditation.

9 SEP Drama Workshop

5:30pm - 6:30pm

Develop your skills in performing and public speaking with an interactive and drama workshop.

16 SEP 23 SEP 30 SEP

Filmmaking with your Phone 5:30pm - 6:30pm

This workshop covers the basics: filming, editing, special effects, directing, acting and more.

FRIDAY NIGHT VIRTUAL EVENT

The winner of each event will receive bonus entries in the weekly prize draw.

27 AUG Adventure Trivia

6:30pm - 8:00pm

A collection of questions, games and tasks where everyone has their chance to shine.

3 SEP Movie Night

6:30pm - 8:00pm

Link up with friends and enjoy a fun night in watching a movie hosted online, via Netflix Teleparty.

10 SEP Brain Olympics

6:30pm - 8:00pm

If you love brain teasers, riddles and puzzles, this event will see you competing for gold in interactive challenges and Olympics-themed events.

17 SEP Game Show

6:30pm - 8:00pm

Our most popular team building activity and virtual conference event, is now bringing the fun to teams all around the world.

24 SEP Virtual Escape Room

6:30pm - 8:00pm

As a team, you will solve riddles and complete puzzles against the clock, with the goal of 'escaping the room'.

1 OCT Halloween Game Show

6:30pm - 8:00pm

Whether your team is studying from home, stuck in isolation, or still in the office, we can bring them all together.

RESOURCES FOR FAMILIES

FROM OUR CHILDREN'S SERVICES

We provide a range of children's services that are inclusive and focused on delivering quality services to support families.

We have three childcare centres, Hillsdale Child Care Centre, Mascot Child Care Centre and Garrigarrang Early Education & Care Centre. We also have the Botany Family Day Care service.

Our Children's Services have provided some recipes, links and resources to help you keep your kids learning, discovering, and entertained during lockdown.



USEFUL LINKS:

- ▶ Children's recipes:
www.heartfoundation.org.au/search/%22kids%22
- ▶ Department of Education:
<https://education.nsw.gov.au/early-childhood-education/information-for-parents-and-carers/learning-from-home>
- ▶ Department of Education - Singing warm ups and animal of the day with Reptile park:
www.facebook.com/NSWDepartmentofEducation/videos/870452663600629
- ▶ ABC Kids Listen Little Yarns:
www.abc.net.au/kidslisten/little-yarns/
- ▶ Fundamental Movement Skills:
<https://healthykids.nsw.gov.au/downloads/file/campaignsprogram/FrankyFriends.pdf>
- ▶ Deadly Tots App for every Aboriginal Family to help their Bub learn and grow:
<http://deadlytots.com.au/Page/deadlytotsapp>
- ▶ Provocations newsletter:
www.canva.com/design/DAElpH2iYy8/XOdyjxoCzAhEx7wgL6AewQ/view?utm_content=DAElpH2iYy8&utm_campaign=designshare&utm_medium=link&utm_source=publishpresent

EXERCISING DURING COVID-19

Exercise can be hard enough, whether it's motivation, knowledge, or time, it can be challenging to look after your physical health the way we all should, now more than ever. This challenge has been made even harder under the current COVID-19 stay at home orders.

In Bayside, as a Local Government Area of Concern, there are some key rules to keep in mind when looking to strengthen and support your physical wellbeing in a COVID-19 safe way. The most up to date information for restrictions on exercise in a Local Government Areas of Concern, which includes Bayside, can be found on the NSW Government website.

This information is evolving, and Councils across NSW are seeking further clarification to answer your questions, including a definition for outdoor recreation and outdoor exercise. As it stands currently, Baysiders will have access to outdoor exercise and not outdoor recreation.

In the meantime, using what we know, let's take a look at what you can do for exercise across Bayside, where you can do it and how to find it.

WHERE TO EXERCISE ACROSS BAYSIDE

Luckily for Bayside residents, we are rich in outdoor recreational facilities that can host a range of exercise activities. Using the Bayside Council Interactive Parks Map, you can search for outdoor recreation facilities within your 5km radius, including parks, sports fields, dog parks, outdoor gyms and coastline.

TOP TEN TIPS FOR SOLO EXERCISE

Go Green! With around 200 Ha of parkland, 150 Ha of sports grounds, 100 Ha of natural areas and 75 Ha of other open space across Bayside, there is more than enough space for your fitness journey. Here are some top tips for things you can do to get the best out of Bayside's outdoor recreation facilities and open space.

1. Jog, walk or run for fitness.
2. Off-leash and on-leash dog walking.
3. Walking games - use an app and smart device to transform your walk or run into an adventure within your 5 km limit.
4. Zombies, Run! puts you in the middle of a zombie apocalypse, where zombies chase you as you run to gather much-needed supplies for your community.
5. Geocaching games, like Ingress or Pokémon GO, ask you to interact with virtual objects placed in your real world.
6. Explore your local bubble, research some local landmarks using Bayside Library resources and check them out firsthand.
7. Introducing Foot Orienteering - read up on what started as a Bush Game and how you can use some Orienteering practices in your next walk.
8. Drills and ball skills for hand-eye coordination to keep you moving like an athlete.
9. High Intensity Interval (HITT) training sessions using your bodyweight or minimal equipment or be guided by a fitness app using your smart device.
10. Go old school and test your cardiovascular fitness with the age-old classic, the "Beep Test", using an app and your smart device.

CYBERCRIME



HOW CAN YOU KEEP SAFE?

Recently there have been an increase in reports of scams and cybercrime involving loss of personal information. Cybercriminals see a crisis as an opportunity. Major change brings disruption, and businesses transitioning to working from home arrangements can be an attractive target.

Be aware that the COVID-19 pandemic will be used by cybercriminals to try to scam people out of their money, data and to gain access to systems. Here are some helpful tips to keep safe.

Do your own research to independently verify if someone is who they claim to be.

- ▶ If you receive a phone call from someone you suspect is a scammer, hang up, find the organisation's number yourself and call them back. Never use a number they give you.
- ▶ Don't trust a site or an ad just because it's advertised on social media or classified website, or claims it's endorsed by a celebrity. Check independent reviews and be wary of offers too good to be true.

Be suspicious of emails and messages asking for your personal information, even if they seem to be from a trusted source.

- ▶ Watch out for tell-tale signs of a scam in unsolicited emails and messages, like not using your correct name, typos and grammatical errors, or suspicious web addresses.
- ▶ Don't click on links in unexpected emails or messages, even if it appears to have come from a legitimate source.

Don't share personal information online with someone you've never met in person.

- ▶ Don't give financial or account details, or copies of your identity documents to someone online who you've never met in person.
- ▶ Never give strangers remote access to your computer.
- ▶ Limit what personal information you share about yourself online, including on social media.
- ▶ Use strong passwords for your accounts and internet network. Never share them with others.

OFF THE LEASH ON THE BEACH 24/7

When times get tough, we often turn to man's best friend, our fur babies who are joining us on our isolation walks, much to their delight! In recognition of these tough times and the benefit we enjoy from our companion animals, Council has temporarily removed time restrictions on the off-leash dog area at Lady Robinsons Beach, Kyeemagh (from Gate 60).

If you live within 5km of the beach, as per the current Stay at Home Orders, you and your pooch can enjoy a walk on the beach any time between Friday 13 August to Friday 1 October 2021.

Some tips on safe off-leash dog walking to keep in mind before taking your pooch off that leash!

- ▶ Establish good behaviours first, untrained dogs are best kept on a leash.
- ▶ Ensure your dog has undergone adequate socialisation and trialing before removing the leash.
- ▶ Start with a long lead to test the waters first.
- ▶ Know what to do if your dog makes a break for it.
- ▶ Know your responsibilities as an owner morally and legally.
- ▶ Know your dog's temperament, if they are not the right fit for off-leash dog walking, then make the right decision for you, your dog and the community.
- ▶ Supervision is key, you wouldn't take your eyes off your child near water, same rules apply to your fur baby.
- ▶ Update ID tags and microchip information beforehand.
- ▶ Learn how to safely break up a dog fight.
- ▶ Have a Plan B, always be ready and equipped to put your dog back on a leash at any point.
- ▶ Don't risk it, if you are uncertain if your dog is the right fit for off-leash dog walking, then it's better not to risk it and keep everyone's fur baby safe.
- ▶ History can repeat itself. If issues have happened in the past, then perhaps it's time to make the call and keep your pooch on its leash and muzzle, off-leash dog walking is not for "every man and their dog".
- ▶ When walking at night, take reflective devices like a reflective jacket for you & your dog or an illuminated collar with a bell and a torch or handheld light. Remain alert during night walks and avoid distractions like excessively loud music or phones.

For more information on pets and animals visit: www.bayside.nsw.gov.au/services/pets-animals

And for dog walking, read up on the RSPCA's helpful article here:

www.rspca.org.au/blog/2021/leading-way-dogs



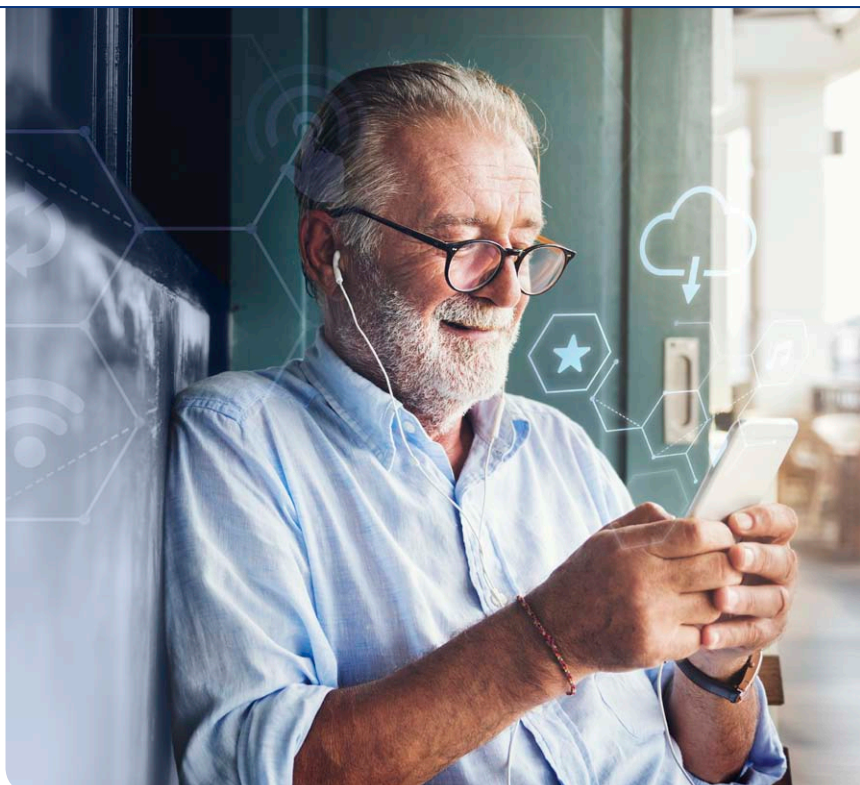
TECHCHAT

TechChat is a program targeted to older people in the Bayside LGA to promote digital inclusion, active ageing and maintain Bayside's meaningful relationships with its community.

Library staff will assist participants with topics such as:

- ▶ Mobile devices
- ▶ Government and health services
- ▶ Web mail
- ▶ Social media
- ▶ Video conferencing
- ▶ Cybersecurity

If you are interested in participating, please contact Bayside Library by phone 1300 581 299 or email: Rockdale.Library@bayside.nsw.gov.au



DISCOVER YOUR FAMILY'S HISTORY!

CHECK OUT OUR E-LIBRARY!

Numerous resources are available; the eAudiobooks, eBooks, eFilms and eMagazines but the most popular of them all is **Ancestry.com**

Bayside Library's subscription to Ancestry.com gives our customers FREE access to this amazing research tool from any device with internet access, anywhere, at any time.

To start using Ancestry.com, visit our Library's on-line catalogue at **library.bayside.nsw.gov.au** and then click on the eLibrary link on left-hand side of the top menu bar.

Scroll down the page until you see the heading 'Genealogical Research - Ancestry.com'. Once you click on the link under this heading, you'll be taken to the following Customer Login screen:

Customer Login

Username

Password

Login

ENTER THE FOLLOWING DETAILS:

Username: IINS5JCMJL

Password: welcome

Please note, this username and password only work if you access Ancestry.com through the link on the Bayside Library eLibrary page.

For assistance or further information, please contact the Library at: Rockdale.Library@bayside.nsw.gov.au

RON RATHBONE

COMMUNITY HISTORY COMPETITION



The closing date for Council's Ron Rathbone Community History Competition has now been extended until 5pm, Friday 1 October.

The aim of our annual local history prize has always been to encourage people to research the history of our area and to then share their work in order to broaden and enrich our whole community's knowledge of Bayside's rich and diverse history.

To find further details, entry forms, guidelines, judging criteria, examples of previous entries and information on submission of entries, visit: **www.bayside.nsw.gov.au/ronrathbone**

Although COVID-19 restrictions mean Bayside libraries are currently closed, our catalogue – available at **<https://library.bayside.nsw.gov.au>** – offers numerous resources and tools to assist with local history research.

Our digitised collection of historical photographs can be accessed by clicking on the 'Images' link of our catalogue. An amazing array of other websites and databases can be accessed by clicking on the 'eLibrary' link. Our eLibrary page includes a link to Ancestry.com allowing family history researchers to access this database freely anywhere at any time. The eLibrary page also has a link to the State Library's eResources page; the huge range of material to be found here can be accessed by any of our library members simply by entering their Bayside Library card number.

Another site that is invaluable for any local history researcher is the Trove site maintained by the National Library of Australia: **<https://trove.nla.gov.au>**

This truly remarkable database allows users to search for material held in libraries and other organisations across the whole of Australia. Among the items to be found on Trove are maps, photographs, artworks and full text newspaper and journal articles.

For assistance or further information, please contact Kirsten Broderick, Council's Community History Librarian, at Rockdale.Library@bayside.nsw.gov.au

BOOK WEEK COMPETITION



As part of our annual Children’s Book Week program, Bayside Libraries celebrates books, Australian authors, and illustrators.

Local school students from Kindergarten to Year 6 have been invited to submit a piece of artwork and be eligible for some great prizes including nationally shortlisted Book Week titles.

The deadline for competition entries has been extended until **21 September** to ensure all students have an opportunity to submit an entry.

Students can check with their class teacher for more information.

FUN FACT

Did you know that Bayside Council’s logo of the sailboat upon the water came from the idea that to move forward in a boat, everyone must row together?

This imagery has carried through with Council’s vision to work together as a community to sail into the future together.



WHAT IS DOMESTIC & FAMILY VIOLENCE?

Domestic and family violence is a crime. It occurs when there is violent, abusive, or bullying behaviour or actions towards a partner or former partner to scare and control them. It can happen at home or outside the home. It causes fear and harm to the body, mind and spirit. Domestic and family violence can happen to anyone; however, the statistics tell us it is predominantly an issue of violence against women.

It is abusive behaviour by one person to control and dominate another person within a close relationship. It may include physical assault, psychological abuse, social abuse, economic abuse, or emotional abuse.

Local Bayside services are noticing an increase in both the severity and complexity of domestic violence reports during lockdown.

Anyone experiencing domestic or family violence should report to Police on 000 or call:

- ▶ Emergency: **000**
- ▶ 1800 RESPECT: **1800 737 732**
- ▶ NSW Domestic Violence Line: **1800 65 64 63**
- ▶ Men's Referral Service: **1300 766 491**
- ▶ Link2Home: **1800 152 152**
- ▶ Lifeline: **13 11 14**

Anyone with information about domestic and family violence incidents is urged to contact Crime Stoppers on 1800 333 000 or nsw.crimestoppers.com.au



HOW CAN YOU HELP TO SUPPORT WOMEN AND CHILDREN AFFECTED BY DOMESTIC VIOLENCE?



WOMEN'S
COMMUNITY
SHELTERS



Please donate at: <https://baysidewomensshelter.org>

and at: www.hopebelieve shine.org.au/how-you-can-help/donate-directly

COVID-19 CHECK-IN CARDS

You can now register for a COVID-19 check-in card which can be presented to supermarkets and other essential retail businesses to scan.

The card provides an alternative check-in method for customers who don't have smart phones and/or those who are not comfortable using the Service NSW webform.

Once you've created your card you can have it posted to you or download a printable version immediately. If you lose the card, or your contact details change, simply create a new card.

Visit: www.service.nsw.gov.au/transaction/create-covid-19-check-card

NOTE: This check-in method is only available at businesses that have a QR compatible device. It is not mandatory for businesses to accept COVID-19 check-in cards.



COVID-19

11am daily COVID-19 update is now streaming in multiple languages on SBS



The 11:00am COVID-19 updates are available in the following languages.

Arabic: <https://t.co/U7ioxFH0Gd>

Vietnamese: <https://t.co/pBTF2ddTmT>

Mandarin: <https://t.co/rjsARplqng>

Assyrian: <https://t.co/1E4aRBCaRf>

Khmer: <https://t.co/4FGF4upZPW>

Cantonese: <https://t.co/B8UIqeptDg>

